



Ronald McDonald House Charities

LIFTING CHILDREN AND THEIR FAMILIES TO A BETTER TOMORROW

**RONALD MCDONALD HOUSE CHARITIES®
OF NORTHERN CALIFORNIA**
2555 49TH STREET, SACRAMENTO, CA 95817
NEAR UC DAVIS MED CENTER & SHRINERS HOSPITAL

History of Ronald McDonald House Charities®

BY JEFF CHINN



In 1974, the first Ronald McDonald House opened its doors in Philadelphia, PA, thanks to the compassion and initiative of Fred and Fran Hill, the Philadelphia Eagles, local McDonald's restaurant owners and the Children's Hospital of Philadelphia. Throughout the last 37 years, more than 300 Ronald McDonald Houses have opened in more than 30 countries around the world. From places like New Zealand to Chicago, there are Houses set up to provide a temporary residence for families of children being treated at local hospitals.

In 1998, the Sacramento Ronald McDonald House opened its doors, providing a "home away from home" for families who have children less than 18 years of age being treated in one of the five Sacramento-area hospitals: UC Davis Medical Center, Shriners Hospitals for Children, Mercy, Kaiser and Sutter Medical Center. Since then, the 20-bedroom facility has provided affordable, temporary housing for approximately 10,000 families who have traveled from all across the United States, as well as countries around the world, in order to provide their children with the best medical treatment available.

The heartbreaking news of an illness or injury of a child is a pivotal and possibly life-changing event for a family. Studies have indicated, however, that when an ill or injured child is able to have their family nearby throughout their treatment, the rate and amount of recovery achieved increases. Having a place that allows families to maintain a small sense of normalcy and community makes it so much easier for the family to maintain a presence during their children's treatment. It also makes a huge difference in their ability to cope during the harder times. If it were not for the Sacramento Ronald McDonald House, many families would be sleeping in their cars or hospital waiting rooms. But the Sacramento Ronald McDonald House provides a respite where family members can sleep, eat, unwind and find support from other families in similar situations.

On site, there are two buildings that each house eight families. Each family is provided a private bedroom and bathroom, a small individual refrigerator and a food storage cabinet. While some non-perishable items are provided, families are responsible for their own food.

Four families share a kitchen and washer and dryer. Community areas include a living room, family room, dining room, computer room and children's playroom in each building. One bedroom and the hallway bathroom in each building is handicap accessible.

There are also two apartments for larger families. Each of these apartments has two bedrooms, washer/dryer, full kitchen, handicap-accessible bathroom, living room and dining room. The rooms are complete with linens and towels, and kitchens include all the necessities, like utensils, pots and pans and dishes.

From places like New Zealand to Chicago, there are Houses set up to provide a temporary residence for families of children being treated at local hospitals.

To make each family's stay as comfortable and relaxing as possible, families are allowed to check out movies and video games at no charge. Travel-size toiletries are also available since many of the families arrive at the House with only the clothes on their back and lack many essential items. These toiletries are provided through generous donations from organizations and individuals in the community.

Adding yet another layer of support to in-need children, Ronald McDonald House Charities opened Camp Ronald McDonald® in 1992 under the umbrella of Eagle Lake Children's Charities. In 1997, Eagle Lake Children's Charities merged with the McDonald's cooperative of owners and operators in Northern California to form Ronald McDonald House Charities Northern California and became known as Camp Ronald McDonald at Eagle Lake. Built on the edge of Eagle Lake near Susanville, Camp Ronald McDonald sits on 35 acres of land where approximately 1,000 campers with special needs take a break from their normal lives and partake in an exciting summer adventure.

The mission of Camp Ronald McDonald at Eagle Lake is to provide confidence-building experiences and programs that are designed to encourage each camper's individuality through the challenges of outdoor group living and teamwork in a supportive environment. An array of programs are offered and adapted to meet the individual needs of each camper. The staff includes experienced and well-trained specialists in the fields of drama, arts and crafts, outdoor education, nutrition education, sports and waterfront activities.

And as another part of its mission to support children and their families, Ronald McDonald House Charities Northern California also heads a grant program for local children's charities as well as a scholarship program for graduating high school seniors. The funds used for these two programs are raised through the Charity's community partners and matched by the Global Ronald McDonald House Charities organization. These additional programs make it possible to lift even more children and their families within the local community to a better tomorrow.

Fast Facts

Ronald McDonald House Charities do more than provide a home away from home for families displaced by medical treatment. Here are some facts:

- The first Ronald McDonald House was opened by Fred and Fran Hill of the Philadelphia Eagles in 1974.
- More than 300 Ronald McDonald Houses exist in more than 30 countries.
- The Sacramento Ronald McDonald House opened in 1998.
- The Sacramento House has 20 bedroom facilities for families of children receiving treatment in Northern California.
- The Sacramento House has a refrigerator and food storage space for every family, and provides free television, Wi-Fi Internet, video games, books, games and an outdoor park for entertainment and recreation.
- Camp Ronald McDonald at Eagle Lake opened in 1992 with 35 acres of handicap-accessible space.
- Ronald McDonald House Charities, with the help of community partners, provide grants for local children's charities and scholarships for high school students.
- The Sacramento House has served more than 10,000 families.

A Quiet, Peaceful Place at the End of the Night

BY JOE ATKINS

When asked about the challenges caring for her son, Sherri Rojhani gives a light smile that hints of an elongated sadness and glows in the subtle strength only a mother can embody. “You can’t imagine,” she says, “how busy you are when you’re caring for a child that has so many medical complications—how busy you are as a caregiver. Some days you feel like an octopus.”

At six months of age, Sherri’s son, Seth, was diagnosed with cancer. He went through surgery, but there were complications: his spinal cord was severed in the procedure. As a result he would be a life-long T-3 paraplegic, meaning sensation and motor ability from the chest down was lost. Also he developed a progressive scoliosis.

That was twenty years ago. Today, Sheri is staying at the Ronald McDonald House Charities of Northern California (RMHCNC) while Seth has his entire spine fused, which will limit his ability to move his head and neck, but it will also cancel out the scoliosis. This was a procedure they’ve successfully delayed until Seth’s body was fully developed. He is now 20 years old.

But this isn’t the Rojhanis first trip to RMHCNC; they’ve been in and out since 1996. “We began investigating care when we lived Denver,” explains Sherri. “One of the resources that was suggested was Shriners Hospital. We came to San Francisco in 1996. They accepted us for treatment. Our next visit brought us to the Sacramento building, when it was brand new. We’ve been receiving treatment here ever since.”

After the drama of daily medical treatments, families need a clean bed to sleep on at night. Without resources, those families stay at the hospitals, sleeping on cots, buying fast food every day for weeks on end. The Rojhanis don’t live in Sacramento. They moved from Denver to Florida, where they currently reside. On top of travel expenses to see Sacramento specialists and medical costs, Seth’s family, who have to accompany him on such trips for support, need a place to stay. This is where RMHCNC comes in.

“We’ve stayed for weeks at the hospital,” says Sherri, who was recently let go from work because she had to accompany Seth to Sacramento. “We didn’t have funds to stay at a hotel.” Someone suggested RMHCNC and since then the Rojhani family has returned multiple times. “Once you’ve been a resident, you have a much deeper understanding of Ronald McDonald House Charities. Everything that is donated to Ronald McDonald House goes to good use.”

Sherri Rojhani typically wakes up at 8 am and goes to her son’s bedside for the entire day, caring for his every need. She typically returns to RMHCNC at 11 pm exhausted, physically and emotionally drained. In the morning she’s able to take a shower in a private room, make hot water for tea, eat a pastry or two from a basket of donated Starbucks goods, and then she walks to the hospital. More than that, RMHCNC has cookies available during the day, and they provide soups for dinner on a weekly basis. There’s also entertainment for children and families: books, videogame systems, Wi-Fi, television and a playground. Sherri Rojhani doesn’t always take full advantage of much of the generosity of RMHCNC, but other members of her family, and other families do.

“It’s very life disrupting,” she says, “to travel to see these necessary specialists. You’re not around people to support you; nothing is familiar. It’s nice to have the comfort of a place you can return to every evening. The gracious volunteers here bring in food. They make sure the pantry is stocked with cereal and oatmeal. I had cereal in a Buzz Lightyear bowl yesterday, which was fun.”

“It’s very life disrupting to travel to see these necessary specialists. ... It’s nice to have the comfort of a place you can return to every evening.”

SHERRI ROJHANI

In Sacramento, Ronald McDonald House Charities has housing available for 20 families. They ask for a small daily donation for the housing, but no one is denied for lack of funds. The communal kitchens are available to those residents 24 hours a day. The housing facility is just blocks from UC Davis and Shriners Hospital in Sacramento. They accept families from out of town as long as they have space available.

“We’re very grateful that there is this resource for families,” says Sherri. “We’ve shared stories with the other families. We’ve talked to people who have utilized Ronald McDonald House for very lengthy stays—some of these kids for burn treatment, as long as a year. It’s a quite peaceful place where family members can get very much needed rest.”



Removing Barriers at Camp Ronald McDonald at Eagle Lake

BY ANNA BARELA

Camp Ronald McDonald at Eagle Lake is the realization of Forest Ranger Bob Olson's vision of a camp in Northern California. Experienced and dedicated staff serve disadvantaged and "at risk" children and individuals living with physical, developmental and emotional disabilities. Situated on 35 acres bordering Eagle Lake near Susanville, the Camp offers traditional camp activities for nearly one thousand campers each year.

HISTORY

The idea sparked for Olson, a Ranger in Northern California's Lassen National Forest, while watching an episode of Highway to Heaven. The show was set in the successful Camp Ronald McDonald in Southern California. He knew about the land on Eagle Lake and thought, why not in Northern California?

Olson's idea was met with enthusiasm by Northern California McDonald's Restaurant owners who agreed to provide initial funding. The community of nearby Susanville rallied to make Olson's vision a reality. Renovation and construction began on the nine cabins, two shower houses, dining hall and amphitheater that exist today.

The first building brought to functionality was the Gallatin House, built on the Eagle Lake waterfront in 1913. The Gallatin family made fortunes on lumber and trains, and first brought lights to downtown Sacramento through a little company later known as PG&E. Their historic home became Camp Ronald McDonald headquarters.

The Camp opened in 1992 under the umbrella of Eagle Lake Children's Charities, with main offices in Sacramento. The Camp served 30 disadvantaged and disabled campers that first year. These numbers grew steadily over the years as Eagle Lake Children's Charities partnered with other non-profit groups.

NON-PROFIT PARTNERSHIPS

This year marks the 19th summer of Camp Ronald McDonald, thanks to collaboration with various non-profits who have direct links to children and individuals with special needs. Camp Ronald McDonald provides the site, all the programming, food service, janitorial and maintenance. Non-profit partners are responsible for camper solicitation, cabin counselors and medical support.

Camp Director Vicky Flaig said, "It really is a partnership. One group couldn't have camp without the other."

LEADERSHIP AND STAFF

Flaig graduated from University of California, Davis with a Bachelor of Science in Dietetics and then joined the Peace Corps. After that, she worked for Camp Ronald McDonald as Food Service Director while teaching at the Lassen County High School. She left to complete her post-graduate internship at University Affiliated Cincinnati Center for Developmental Disorders and earned her Master's in Nutrition Education before returning as Director. Now she lives in Sacramento during the winter and moves to the Camp in spring.

Hundreds of volunteers help Flaig transform facilities that have been boarded up all winter in preparation for campers. By summer, she is joined by students studying disciplines that promote individuals with special needs, such as

therapeutic recreation, education, social work and nursing. They are experienced and trained in outdoor education, nutrition education, sports, drama and arts and crafts, and they bring these skills to camp programming.

PROGRAMS AND ACTIVITIES

Programs vary each week depending on the abilities of the campers attending. For example, one group includes children who have been victims of sexual abuse, while another group is deaf and hard of hearing. These groups have completely different needs than groups who include campers with Down Syndrome or Cerebral Palsy. The activities are adapted to meet individual needs regardless of mobility, cognitive or emotional issues.

"There's a little bit of assessment that goes on," explained Flaig. "Each week, it depends on the group and then it depends on the actual camper."

It's about removing the physical and mental barriers they normally face. All campers can experience hiking, fishing, canoeing, sports, swimming, arts and crafts, talent shows and campfires in a beautiful environment with access to trails and beaches, docks, a beach volleyball court, a sand pit, a basketball court and a grassy playing field. These experiences improve campers' lives by building confidence, individuality and self-esteem.

DELICIOUS NUTRITION

With her background in nutrition training, Flaig makes healthy food a key component of the care campers receive. She recruits the help of dietic food service interns who plan menus of delicious and nutritious foods with considerations for special diets. McDonald's Restaurants provide some of the food, and she makes healthy choices like fresh salad and 1 percent milk.

"They do have healthy options," she said.

ADDITIONAL SESSIONS

Last year, new Camp Eagle Lake sessions were added. Due to the State budget crisis, many non-profit partners lost funding to provide camp and about 160 campers lost the opportunity to attend camp, some of which relied on the time at camp as a form of respite care. The Camp Board of Directors voted to take on these campers directly.

"Because of the relationships I had formed with all these campers we felt the need to do that," said Flaig.

For one session per year, Camp Ronald McDonald also opens up to campers of all ability levels from the local community. Lassen County children receive a reduced rate to attend summer camp at the facility. Flaig sees this session as a way to give back and say "thank you" to the community.

SCHOLARSHIPS AND CAMP NEEDS

Scholarship funds for children to come to camp are the biggest need at Camp Ronald McDonald. Program supply donations help, too, and donors frequently drop off wish items – found at www.campronald.org – to the Ronald McDonald House in Sacramento. The more Flaig can subsidize scholarships or the activities, the more savings are passed on to families.

Flaig said, "I would never tell a camper that they couldn't come because they couldn't afford it."

"For a lot of them, this is the one thing they do away from their parents," Flaig continued. "Yes, it is a camp for individuals with special needs, developmental disabilities, and all these things that make them so different from the rest of the world – but in a way it's not. They come and it's a complete level playing field – every barrier is moved. We serve some amazing individuals and are able to help out a lot of families."



Finding Family

Rob was born with fetal alcohol syndrome. After an extended hospital stay, newborn Rob was removed from his mother's home and placed into emergency foster care. As soon as his uncle Patrick Tansey heard about it, he stepped up to adopt Rob. Just four days out of the hospital, Tansey and his wife brought Rob home to his new family.

Tansey considers Rob his son, raising him alongside his three other children. He makes every effort to connect Rob with as many resources as possible to help him live a normal life. Rob graduated high school, and he receives services from Alta Regional Center and joins camps and social groups.

Tansey heard about Camp Ronald McDonald through Tom Rhoades. Rob was part of the social group GOALS – Growth Oriented Adaptive Learning Skills – with Rhoades' son Joshua. The first year, Alta Regional Center sent Rob to a camp session run by the Easter Seals. When Alta's funding was cut back, Camp Ronald McDonald enabled Rob to continue camp with scholarships to their new Eagle Lake Camp session.

Without these scholarships, Rob would miss the opportunity to go. Tansey was forced into early retirement in 2008 and cannot afford to fund the entire trip. Tansey is grateful for the scholarships as he feels the Camp is important to Rob's socialization.

Rob was shy and withdrawn before he got involved with activities like camp. These days he is so articulate most people don't realize he is disabled.

"It's really helped him come out of his shell," said Tansey. "This is a fantastic camp for him to be able to get out and do all the fun and exciting things that are done by all children at camps."

Rob was shy and withdrawn before he got involved with activities like Camp. These days he is so articulate most people don't realize he is disabled. Rob makes friends with staff and campers, keeping in touch through Facebook and email. He talks excitedly about the fun activities at camp.

"I sometimes go swimming at the lake," said Rob. "I do some arts and crafts. They hold a beach day where we go to the beach all day. I also did fishing there last year for the first time, and that was a lot of fun!"

At home, Rob enjoys computer games and cooking. His older brother has encouraged him to play fitness games on the Wii gaming console and to cook healthier food. Rob also helps out around the house and volunteers at convalescent hospitals and food banks.

Rob calls Camp Ronald McDonald staff and his fellow campers his "vacation family." He said, "When the camp is over, everyone has gotten so close to each other that everyone just starts to cry. It's a good experience for all of us." **A.B.**

Providing Support

Joshua can't give a reason why he loves Camp Ronald McDonald so much – he just knows he does. His face lights up when he talks about a week of swimming, canoeing, and drama. It's the only vacation Joshua gets to take without Mom and Dad, and he enjoys every minute.

When Joshua was a baby, Tom and Dawn Rhoades went from doctor to doctor searching in vain for a diagnosis of their son's developmental delay. When Joshua became eligible for Alta Regional Center services at four years old, he was given the vague label of mild mental retardation. The Rhoades dropped the search and instead focused on supporting Joshua any way they could.

"Joshua does not really fit under any diagnosis," said Dawn. "We then decided to just make sure that Joshua had all the services he needed."

Sending Joshua to Camp Ronald McDonald every year is part of that support. Joshua has always been outgoing – he made many friends while attending school in the Elk Grove School District, where he walked the stage on graduation day with the other students. Attending Camp gives him the opportunity to spread his positive attitude to new friends – campers and staff alike – as well as enjoy new experiences and feel independent.

It's the only vacation Joshua gets to take without Mom and Dad, and he enjoys every minute.

"The staff is top-notch," said Tom. "Vicky does a good job coordinating everything."

While not at camp, Joshua attends Mother Lode Rehabilitation Enterprises (MORE) adult day program in Placerville. The program provides classes in life skills, computer programs and arts and crafts. They schedule fun activities – Joshua especially likes the annual fashion show – and they help Joshua find employment – he currently works three days per week doing park maintenance.

Joshua also enjoys going on vacation with his parents, especially cruises or trips to Hawaii. He is very attached to the family's two Airedale terriers, loves spending time with aunts and uncles and calls his maternal grandparents every day. He misses his paternal grandmother, who passed away last summer.

The family recently moved from Rancho Murieta to El Dorado Hills to be closer to MORE for Joshua. Now Joshua can take the bus all the way home instead of just to Tom's office. Tom works in sales, but his passion is GOALS – Growth Oriented Adaptive Learning Skills – a non-profit group he founded to provide activities for the developmentally disabled community. Dawn pursued a profession helping those with special needs and is going on nine years as Service Coordinator with Alta Regional Center.

Tom and Dawn consider themselves fortunate in their ability to provide for Joshua in any way that he needs, especially his yearly trip to Camp Ronald McDonald. **A.B.**

Dear Ronald Mc Donald Staff
I would like to thank you for helping us pay for this years camp because money is a little tight for us this year since my mom is retired.
I am glad you are doing the sponsor for me because without it I could not be able to go to camp this year at all. you guys are doing so much for us people with disabilities.
So on my behalf of my friends I like to say thank you for all the hard work you do for us we all enjoy camp because without you guys we could not be able to go to camp after the budget cut so I would like to say thak you.

from your camper
Rob Tansey



A Few Kind Words...



Steven Stuck

PRESIDENT OF THE BOARD

A friend of mine recruited me to come on the board, that's how I got involved. I had heard of the organization, but I didn't know much about it. I got involved and 10 years later I'm president of the board. The organization is just incredible; how they serve families as they go through times of crisis. When you have a child it rocks your world if that child has issues like cancer. The last thing families want to worry about at night is 'Where am I going to sleep tonight?'

"Ronald McDonald House is a safe place for families who are going through a crisis to be able to have somewhere where they feel safe, where they feel comfortable. A place where they can step away, if only for a moment, from what they're going through. It's a place where they can have a rest, where they can have a shower. We put out hot food every week, soup and cookies. It's a unique atmosphere where we can provide a sense of home or comfort for the families. Each room has its own cupboard and refrigerator space so that families can come and make their own food."

"McDonald's is a huge partner for us, but a lot of people think that McDonald's funds our organization 100 percent. While the owner-operators are extremely generous, they only provide about 15 percent of our funding, so we couldn't survive without public funding."

Jerry Alestra

DONOR (SOUTHWEST AIRLINES)

I've been involved for 18 years, but in Sacramento specifically, since 2005. We've moved around the country, worked in L.A. and Seattle, but this is home. It's kind of nice, when you're at home and you're involved in the community. You kind of fall in love with it.

"For me, the best thing about Ronald McDonald House is seeing the kids. We had a barbeque here once. And I think this is what it's truly about. We were cooking barbeque, and I encouraged our

employees to bring their children. Everyone brought their kids, and the children were here—the Ronald McDonald House kids—even though a lot of them were sick, they actually came, and we saw the most remarkable things. Kids are kids; they'll friend anybody. It was neat to see them interact and play, from teenagers to the young kids.

"I remember my youngest son saying, 'Daddy, what's wrong with that little girl?' And I said, 'She's sick.' And then he goes, 'Ok can I play with her?' And I said, 'Of course.' We hear back from the

parents and they say, 'Thank you so much. Not only for the food, but I have not seen my kids play this much in such a long time.' It was rewarding to see that. If there are siblings that aren't sick staying at the house, they don't get the interaction of other kids. That is the greatest reward, to see family as a whole, as a community."





Loyce Logan

VOLUNTEER

I retired in 1998, and I started here at Ronald McDonald House that following year. I've been here 13 years. I make cookies everyday with other volunteers. Also, I make them with the parents and the families that stay here. Most of the people we help have never made cookies in their lives. I've had children come tell me they haven't ever made cookies, and they want to learn from me. They just have to ask their parents and I just taught a girl how to make Skippy-Doo and chocolate-chip cookies for the first time.

"Once a doctor brought over a little girl from Haiti, she had a heart problem. She was 7-years-old. She wanted to make cookies, and I said, 'Well you've got to get permission from your mom and dad.' So mom came over, and said, 'I'd love to make some cookies!' They sat there with me and let the kids make cookie dough. And when they finished they had the cookies sitting there in the middle of the table for dinner that night.

"A lot of people come back through, they stop and say, 'Hey, Grandma Logan!' I've made so many cookies. I've logged something like 8,000 hours of volunteer time. They put a brick out on the walkway for me, and another one about my cookies. The most rewarding part of volunteering here is the love. There's so much love: the kids and I, parents and all.

Steve Ramirez

MCDONALD'S FRANCHISE OWNER

I'm currently a McDonald's franchisee. I have three stores in Elk Grove and three in Modesto. I started in Galt in 1988. In February of '89, I was elected treasurer of Ronald McDonald House and Camp Ronald McDonald at Eagle Lake, raising funds for the camp to exist. Currently, 15 cents from each McFlurry and one penny from each Happy Meal sold from McDonald's restaurants in the Greater Sacramento, Stockton and Modesto area goes to benefit Ronald McDonald House Charities of Northern California. Also, as local owners, we have helped provide over 2 million

dollars in college scholarships to approximately 1,000 local high school seniors through RMHCNC's scholarship program. We ended up laying over a quarter of a million paving bricks to make the camp accessible to kids with wheelchairs. The first summer when the kids actually showed up I knew this was the charity I wanted to devote my time to.

"The camp had professional counselors and folks who could deal with all the needs these kids had. To me the unintended benefit of the camp was for the moms. When they picked up their kids, there was all this crying and I thought they missed their children. Then one of the moms told me,

'I don't want to sound selfish, but this was the first time off I've had in six years. I went to the store and I took my time. I visited with my neighbors. I did things I could never do without feeling guilty.' The moms all agreed. I realized that we're helping the kids and we're also helping other family members.

"I helped establish the first Ronald McDonald House in Mexico City, and, as a result of my other efforts in San Diego, Ensenada and Tijuana, I was eventually elected to the global board for Ronald McDonald Charities. Everyday I'm more and more convinced that this is a good calling.



PHOTOS BY ANNE STOKES

How you can help

DONATE

Your financial contributions directly support the children and families of the Sacramento Ronald McDonald House and Camp Ronald McDonald at Eagle Lake.

VOLUNTEER

Volunteers are the backbone of the Charity. Check out the website at **RMHCNC.org** for updated volunteer opportunities for individuals and groups alike.

ATTEND AN EVENT

Purchase a ticket for the upcoming Red Shoe Crawl on June 26, 2011 or the RMHC Golf Classic on August 29, 2011. Both events raise important funds that sustain and provide financial resources for the Charity.

DONATE YOUR VEHICLE

You can support the Charity by donating your no longer needed auto, boat or RV. Call toll free **1-866-2-GIVING (1-866-244-8464)** for free pick-up.

WISHLIST

Visit **RMHCNC.org** to donate from the wishlist. The Charity is constantly in need of everyday items such as microwave popcorn, laundry detergent, grocery store gift cards and bakery supplies for baking cookies, just to name a few. The wishlist is constantly being updated as needs arise.

FOLLOW ON FACEBOOK AND TWITTER

To get daily updates on the Charity and the children and families served, 'Like' their fan page on Facebook and follow them on Twitter.



SCAN THE QR CODE WITH
YOUR QR SMARTPHONE APP
TO GO DIRECTLY TO THE
CHARITY'S WEBSITE.



TO BENEFIT RONALD MCDONALD HOUSE CHARITIES® NORTHERN CALIFORNIA



SUNDAY, JUNE 26, 2011 | 1:00 PM - 5:00 PM

It's an epicurean extravaganza! Buy your ticket now and you'll get to sample culinary delights from the best restaurants in the region while leisurely strolling through beautiful downtown and Midtown Sacramento. Your ticket includes the After Party with live music at the L Wine Lounge and Urban Kitchen. Plus everyone will be rockin' their red shoes in honor of Ronald McDonald's trademark footwear! **Individual tickets are just \$50 in advance while they last. A few sponsorship opportunities are still available.**

For more information, please visit **www.RMHCNC.org**
or contact Stephanie Spees at **916.734.4230/sspees@RMHCNC.org**

